

## International Students Guide 2020/21

**EXETER AND CORNWALL CAMPUSES** 



## Contents

	Checklists	3
	Welcome	4
	How to use this guide	5
	Your offer	6
	Immigration	
	Your finances and fees	7
	Accommodation	18
	Students with families	23
	Healthcare and medical insurance	
	Studying at the University of Exet	
	What to pack	32
-	Travelling to Exeter and Cornwall	
100	Your first week	39
	Student support and facilities	42
	Living in the UK	47
45	Maps	50
	Useful contacts	55
2 BACK TO CC	ONTENTS	

### International students checklist

#### These checklists are a starting point for your planning.

You may want to add to it as you read this guide. Some parts will not be relevant to you, for example if you are an EU student you will not require a student visa.

## Preparing to come to university

#### Before you leave

# When you arrive at the University of Exeter

Make sure you have a valid passport	V
Satisfy conditions of offer (if applicable)	V
Respond to CAS email (if applicable)	V
Obtain Visa (if applicable)	<b>V</b>
Apply for accommodation	<b>V</b>
Book place on airport collection service (Freshers' Week only)	V
Check if you need medical screening or vaccinations	V
Check if you need an ATAS certificate	V
Arrange travel insurance	<b>V</b>
Plan your budget	<b>~</b>
Read emails from the University	V
Research International Welcome Programme	V
Find out about the Global Chums mentoring scheme	V

Pay your tuition fee deposit (if applicable)	V
Pay your accommodation fee deposit (if applicable)	V
Activate your IT account	<b>V</b>
Complete online registration (EU citizens only)	V
Apply for your UniCard	<b>~</b>
Register with a Health Centre	<b>V</b>
Download the iExeter app	V
Prepare your documents for International Student Clearance	<b>~</b>
Buy currency to use while you open a bank account	<b>~</b>
Print our accommodation information for your hand luggage	<b>~</b>

Tell your family you have arrived	•
Collect your room key	<b>V</b>
Collect your Welcome Pack (Freshers' Week)	<b>~</b>
Attend International Student Clearance and collect your BRP (if necessary)	•
Collect your UniCard	<b>V</b>
Complete online registration (if necessary)	<b>~</b>
Attend International Welcome Programme (or late arrivals meeting)	V
Attend your academic induction	<b>~</b>
Complete Police registration (if necessary)	<b>~</b>
Open a UK bank account	<b>V</b>
Complete Erasmus, Exchange and Study Abroad paperwork (if necessary)	<b>~</b>
Get involved with the Guild!	<b>V</b>

## Welcome to the University of Exeter

#### Dear Student.

Many congratulations on gaining a place at the University of Exeter. We are proud to welcome students, staff and visitors from around the world and we are looking forward to welcoming you here soon.

The University is a proud member of the Russell Group of elite UK research intensive universities based in the South West of England. We have two wonderful locations in the ancient city of Exeter. Our large campus, Streatham, is a national botanic garden and a thriving education and research hub. St Luke's, a traditional 'quad' campus, is home to our College of Medicine and Health, Sport and Health Sciences and our Graduate School of Education. We also have a third campus, in a stunning location above the town of Falmouth in Cornwall. Our Penryn Campus has a range of science, humanities and social science programmes, and is known globally for its research and courses in environment, ecology and sustainability, mining engineering and geology, business, law, politics and humanities. We also have two clinical sites at the Royal Devon and Exeter NHS Foundation Trust and Royal Cornwall Hospitals.

We employ around 4,900 staff and offer the extensive facilities you'd expect to find in an outstanding Russell Group university. It is known for its friendly and cosmopolitan atmosphere and by studying with us and enjoying the incredible opportunities we provide, your time here will help to set you on the path for success. We offer excellent graduate prospects, ranking 13th in the UK by the Times Good University Guide on this measure and our graduates earn more than the UK average across many of our subjects. We have many high profile alumni, indeed we can count Harry Potter author JK Rowling as one of them!

You are joining a vibrant, inclusive community of over 25,000 students, including 7,000 non-UK students from 130 different countries. We celebrate our diversity and pride ourselves on excellent student experiences and academic excellence. We hold a Gold award in the Teaching Excellence Framework for the quality of our education and are ranked third in the Russell Group of universities for student experience. Exeter was named The Times and The Sunday Times Sports University of the Year 2015-16. The University was also voted the Sunday Times University of the Year 2012/13.

We are ranked amongst the UK's top universities in the Higher Education league tables produced by The Times and The Sunday Times and amongst the world's top 200 universities in the QS and Times Higher Education rankings. In the latter, we count amongst the top 100 institutions in the world for our provision in Arts and Humanities, Law, Psychology and Life Sciences. We are 24th in the world in the Leiden ranking for the quality and impact of our research. As a result of our pioneering research in diabetes, child health and microplastics we have been awarded the very prestigious Queen's Anniversary Prize on no less than four occasions.

Exeter is a special place to study. This guide has been written to help you prepare and make the most of your time here. It is designed to answer practical questions about living and studying at our campuses before you arrive. There is a lot of information but please do read it carefully. If you have further questions please contact any of the people listed in this brochure.



I wish you a safe journey and we look forward to supporting you as you become one of our exceptional students.

Professor Janice Kay CBE Provost and Senior Deputy Vice-Chancellor

## How to use this guide

Coming to study in another country is an exciting experience and we know you will have many questions. This handbook has been written with you in mind and we hope that the information it contains helps you to answer some of those questions and plan for your studies in the UK.

You should read the entire guide as much of the information will be relevant to you. Some information is relevant to all our campuses, some is campus specific and will be noted as such. We recommend that you print the guide and keep it in your hand luggage, along with information about your accommodation, when you travel to the UK. You will then have all the instructions on arrival and useful telephone numbers will be easily accessible.

We also strongly recommend that you make contact with your local British Council office while you are preparing to come to the UK. Take a look at the British Council's website educationuk.org It will provide you with very useful information and give you an exciting taste of life in the UK!



#### **Any questions?**

If, after reading the information, you still have questions or would like clarification on any aspects please contact any of the people listed in the guide and they will be pleased to help. If you have more general questions and are not sure who to ask please contact the International Student Support Office:

Exeter campuses email

sid@exeter.ac.uk

Cornwall campuses email info.penryn@exeter.ac.uk

If you have a serious problem when you arrive, outside UK office hours, please contact the University emergency telephone number +44 (0)1392 723999. If you arrive in Cornwall, please contact +44 (0) 1326 255875.

We look forward to meeting you at the beginning of your stay at the University of Exeter.

#### **Feedback**

If you would like to give feedback on this guide you can do so by emailing us at Exeter campuses email sid@exeter.ac.uk

Cornwall campuses email info.penryn@exeter.ac.uk

### Your offer

#### If your offer is 'unconditional'

This means that we do not require any further evidence from you (prior to arrival at university) to prove that you meet the admission requirements. If you have not done so, you will need to formally accept your offer of a place. If you are an undergraduate or PGCE applicant, you can do this on your UCAS track. Postgraduate taught/ Research applicants can accept their offer by logging onto the Applicant Gateway, details of how to do this will have been confirmed in your original offer email.

If you require a visa to study, you will need to present original documentation for any qualifications listed on your CAS, along with your visa and passport at International Student Clearance, when you first arrive at the University of Exeter, as you will not be permitted to register until you have done so. If you are an EU passport holder and do not require a visa to study, we will not need to see your passport or documentation prior to online registration. If you are unsure please contact the Admissions Office. If your documents are not in English, you must also supply a certified translation.

#### If your offer is 'conditional'

This means that the you have not yet met all the terms of your conditional offer. If you are an undergraduate, you can view the conditions of your offer on UCAS Track. If you are a postgraduate, your offer email will state the conditions of your offer. The offer may be conditional on an exam you have yet to take or for which you are awaiting a result. If this is the case, you should send a copy of your transcript to the Admissions Office as soon as you receive it, even if you

have not achieved the exact grades stated within your offer.

Your offer letter may also ask for an English language score. If you need to improve your English level before meeting the conditions of your offer, you may wish to consider a Summer Pre-Sessional English course at INTO University of Exeter.

You can accept your offer of a place before it becomes unconditional. If you are an undergraduate, you should inform UCAS of your decision. If you are a postgraduate, you can accept your offer by logging onto the Applicant Gateway, details of how to do this will have been confirmed in your original offer email.

You will need to present original documentation for any qualifications listed on your CAS, along with your visa or entry clearance form and passport at International Student Clearance, when you first arrive at the University of Exeter (you will not be permitted to register until you have done so).

If your documents are not in English, you must also supply a certified translation.

#### If you are a year/semester Study Abroad, **International Exchange or Erasmus student**

If you have met the requirements for the study abroad/ exchange programme then you will be sent an official acceptance email. This means that we do not require any further evidence from you (prior to arrival at university) to prove that you meet the admission requirements. If you require a Tier 4 (General) Student visa to study, you will need

to present original documentation for any qualifications listed on your CAS, along with your visa and passport at International Student Clearance on arrival at the university. You will not be permitted to complete university online registration until you have done so. If your documents are not in English, you must also supply a certified translation. Students studying on a Short Term Study visa will also need to present their passport and visa before they are able to register. If you are unsure of requirements, please contact your home university international office or email inbound@exeter.ac.uk

#### **Pre-departure** briefings

We organise a number of social media offer holder groups and pre-departure briefings for international offer holders which provide an opportunity to interact with other applicants and/ or current students and resolve any final queries. Invitations to join such activities are emailed to relevant offer holders. In addition the British Council coordinates pre-departure briefing sessions for students coming to the UK. These sessions are open to applicants holding offers from any UK institution. You should contact your nearest British Council office for further information:

#### britishcouncil.org.uk

During the summer, we will send you various pre-arrival emails. Please make sure you read them and check your junk email folder to ensure they haven't automatically gone there - they are full of useful information to help you prepare for study and life at Exeter, as well as vital information about your programme during Freshers' Week or January Orientation.



#### **Advice and** assistance on UK **immigration**

Before you arrive and while you are studying with us, specialist immigration advice is available from International Student Support at visaadvice@ exeter.ac.uk

Our advisers are all trained immigration advisers, regulated by the Office of the Immigration Services Commissioner, and are the only staff at the University authorised to provide immigration advice. If you have any questions not answered here or on our website, or you experience any immigration difficulties, please contact us for help.

#### **EEA** and Swiss students

The UK left the EU on 31 January 2020 and is in the transition/ implementation period for this exit until 31 December 2020.

If you are an EEA or Swiss national and have been accepted onto a course of study commencing in 2020, you will be able to enter the UK and begin your course without a problem, but you will need to make a free application under the EU Settlement Scheme after you arrive. You will be able to apply for either pre-settled status (if you have lived in the UK for less than five years) or settled status (if you have lived in the UK for five years or more). At the time of writing, the rule is that students will need to arrive in the UK before 31 December 2020 and apply for their status under the

EU Settlement Scheme by 30 June 2021. Any students arriving in the UK after 31 December 2020 will need to apply for a visa in the same way as other international students

International Student Support can help you to make any applications that are required.

As long as you comply with the above at the appropriate times, you will be able to study and work without restriction in the UK.

Detailed up to date information about the UK's exit from the EU and how this affects students is on our website here: exeter.ac.uk/eu. You can also contact International Student Support for personalised advice at **visaadvice@** exeter.ac.uk

#### All other international students

#### Short-Term Study – Courses lasting less than six months

Some students on courses of less than six months may wish to apply for a Short-Term Study visa. This is a maximum six-month visa and it cannot be extended from within the UK. Working is prohibited and you cannot bring your dependants with you. However, students on short study abroad programmes or coming to undertake a short period of research, particularly those from 'non-visa national' countries, may wish to consider the short-term study visa as it can be easier to meet the requirements and in some cases

can be requested at the airport rather than applied for in advance.

Detailed information about the Short-Term Study visa, including eligibility and comparison with the Tier 4 visa, is on our website:

#### exeter.ac.uk/immigration

#### Tier 4 (General) – Courses lasting more than six months

Most students who are non-EEA nationals and coming to study in the UK for more than six months will need to apply for a Tier 4 (General) student visa. If you have any other type of visa it is very important that you make sure that this will allow you to study in the UK. If you are unsure please contact

#### visaadvice@exeter.ac.uk.

Passengers arriving in the UK without a visa will be refused permission to enter.

#### **ATAS**

Some postgraduate and integrated masters courses in scientific areas require students to hold an ATAS certificate. If this applies to you it will say so on your offer letter. A paragraph describing your research should be included in your offer letter and you will need this exact paragraph when submitting your ATAS application. You must receive ATAS clearance before you can be issued with the CAS for your visa application and the process can take four weeks so you should submit your application as soon as possible. This process is free and submitted online at gov.uk/academictechnology-approval-scheme

#### **CAS**

The CAS is a unique reference number given to you by your Tier 4 sponsor (the University not your financial sponsor) and is the confirmation of your unconditional offer which is required for your Tier 4 application. You may be issued with a CAS by more than one institution but when you use a CAS to apply for a visa, UK Visas and Immigration (UKVI) will expect you to study at that institution.

We will send you a CAS contract and data check email once you have accepted an unconditional offer. This will include your personal and course information. You will need to follow the instructions in the email to confirm that the information is correct or make any changes. A 'CAS statement' will then be emailed to you with your CAS number.

Please note that a CAS is only valid for six months and that it is not possible to apply for a Tier 4 visa until three months before the start of your course.

#### **Oualifications**

Your CAS Statement from the University will include a list of the academic and English language qualifications that were used to assess your application for a place at Exeter. You should prepare certificates or transcripts for each of the qualifications listed on your CAS as well as translations of these documents if they are not in English.

#### **Finances**

All students applying for Tier 4 visas are required to have access to the following funds:

- Total tuition fees for the academic year PLUS;
- £9,135 for your living expenses.

For most students, this total amount of funds MUST be in a personal bank account for at least the 28 days immediately before the application and the balance must never drop below the required amount throughout that period. Officially sponsored students can show their funds in the form of a letter from their official sponsor but only certain types of sponsorship qualify to be shown in this way. The financial documentation requirements are very strict and only certain documents will be accepted so you will need to read the relevant section of our website in detail as you prepare your application: exeter.ac.uk/immigration.

#### **Translations**

You will need to ensure that any documents you are required to submit include an English translation if any part of the document is not in English. The translation must be completed by a certified translator and include specific information about the translator. Check the details on our website:

exeter.ac.uk/immigration

#### Differentiation arrangements

If you are from one of the many countries on the Home Office's Appendix H list, you are not required to submit qualifications or financial documents with your initial application. You must ensure that you have the correct funds in place for at least the 28 days up to and including the date of application (the date that you pay your application fee online) and that you are able to quickly acquire documents in the correct format, as these can be requested by UKVI at any time throughout the application process.

#### Immigration Health Surcharge

If you are applying for a Tier 4 visa of six months or more, you will be required to pay the Immigration Health Surcharge (IHS) when you make your visa application. The IHS fee is £300 per year of your visa, £150 for any part year up to six months. It entitles you to healthcare under the National Health Service (NHS) in the same way as any UK permanent resident. You will have to pay this fee even if you have private medical insurance.

#### Application fee

At the time of writing, the application fee is £348 each for students and dependent family members applying for Tier 4 and PBS Dependent visas from outside the UK. The fee is £494.20 each for students and their dependent family members applying for these visas from within the UK.

## Applying for a Tier 4 visa in the UK

If you are already in the UK with immigration permission as a Tier 4 student, you will need to apply for an extension to continue your studies.

If there is more than one month between the date your visa expires and the date you are due to start your course at Exeter, you will need to return home to apply for your Tier 4 (General) student visa. You may wish to do this anyway if you have enough time. If there is less than one month between the date your visa expires and the date you start your new course, or your visa continues past the start date of your new course, you should be able to apply for your visa extension in the UK. Note that usually you must submit a new Tier 4 application before you are allowed to register at Exeter.

We strongly recommend that all students applying for visas from within the UK, but particularly those switching institutions, apply for their visa extensions through International Student Support. This free service checks and advises on applications and is undertaken by qualified immigration advisers. If you submit your application independently, it may make it more difficult for you to register.

You should contact International Student Support at **visaadvice@ exeter.ac.uk** as early as possible to discuss the details of your visa application and arrange an appointment to submit your application if appropriate.

## Applying for a Tier 4 visa outside the UK

The UK government website gov.uk/apply-uk-visa will take you through the process of applying for a visa from your home country.

You will usually need to complete an online application form and pay the visa application fee. You will then need to submit your supporting documents (by post or in person depending on the country) and enrol your biometric information, which includes your fingerprints and a digital photograph at a British Embassy/Consulate/High Commission or a visa application centre. In some countries additional documentation will be required, such as a tuberculosis test certificate.

At the same time, you may be asked to complete a credibility interview. This will usually take place in the visa application centre via a videoconference link. It is a short interview that aims to test that you are a genuine student. You will be expected to have a good understanding of the course you are planning to study and the university that you are going to study at.

You may also be asked about your qualifications, your finances, and any plans to work in the UK (remember that you can only work 20 hours per week on a Tier 4 visa and that you cannot solely support yourself by working in the UK). Try not to be nervous, but do ensure that you prepare in advance so that you are confident discussing your proposed course and plans in English. If you have any problems following the credibility interview, please contact the University immediately at

**visaadvice@exeter.ac.uk** and we will do our best to help.

Based on your intended travel date you will receive a short one-month visa to allow you to travel to the UK and to collect your Biometric Resident Permit (BRP card) which will cover you for the duration of your programme.

#### 30 day vignette and Biometric Residence Permit (BRP)

You will be allowed to travel to the UK on your 30 day visa up to one month before the start of your course, but your full visa will be issued on a Biometric Residence Permit (BRP) card. You should collect your BRP from the University, so ensure that you input our collection code on your visa application form. The BRP Collection Code is included on your CAS Statement.

Do not enter the UK as a standard visitor – it is illegal to study for more than 30 days in this category and you will not be allowed to start your course at the University of Exeter.

#### **Refusals**

If your Tier 4 application is refused, don't panic! Read carefully through the refusal notice that you are given – this sets out the reasons for the refusal.

If UKVI is mistaken in their refusal, it may be possible to request an administrative review of the decision but we strongly recommend that you do not do so until you have consulted with International Student Support. It will often be better to submit a new application, fixing the perceived

problem, but please note that you will require a new CAS to do this. To receive advice on your next steps and to request your new CAS, you will need to scan and email your refusal notice to **visaadvice@**exeter.ac.uk

#### **Students with families**

If your spouse and/or dependant children are EEA/Swiss citizens then they do not have to apply for immigration permission before travelling to the UK but the above information regarding EEA/Swiss nationals will apply to them as well.

Non-EEA students coming to the UK on a postgraduate course of more than 12 months, or those sponsored by their national government on a course of six months or more, can apply to bring a spouse or civil partner and any children under 18 as their dependants. Each family member needs to apply for immigration permission as a PBS dependant before travelling to the UK. You should all apply at the same time, even if you are planning to travel separately.

The application fee per PBS dependant is £348 paid in local currency (outside the UK) or £494.20 (inside the UK). Each dependant must complete an online application form. Your family will be granted the same length of leave as you have.

In addition to the funds that you are required to show for your visa application (see above), you will need to show at least £6,120 per dependant in your bank account, or the bank account of the dependant, for at least the 28 days prior to the application. If you are officially

sponsored (usually by a government), you do not need to show this money in a bank account as long as your sponsor letter specifically states that all dependant family members are also provided for by your sponsorship.

If your family intend to apply for their visas at a later time, we suggest that you seek advice from International Student Support at **visaadvice@exeter.ac.uk**. Detailed information about dependant visa applications is included within the Tier 4 guide on our website: **exeter.ac.uk/immigration** 

If you are planning to bring dependant children under 18 to the UK, both parents must be present in the UK unless there are strong extenuating circumstances. UKVI usually applies a very strict interpretation of these extenuating circumstances and it will not normally be permissible, for example, for one parent to bring the children with them to the UK during their studies while the other parent remains in their home country to work. This is a sensitive area and if you are affected by this rule, please email visaadvice@exeter.ac.uk to discuss with an adviser.

#### After you arrive

If you have been granted Tier 4 immigration permission, you should have no problems coming through immigration control when you arrive in the UK.

We recommend that you carry a copy of your CAS Statement or offer letter in your hand luggage, and evidence of your finances such as a bank statement as these may be requested by an immigration officer.

The immigration officer will date stamp your passport to confirm that you meet all the immigration requirements to study in the UK.

During busy periods it can take as long as three hours to clear immigration control.

If you experience problems at immigration control, contact the International Student Support Office via the University emergency number +44 (0)1392 723999.

#### Biometric Residence Permit collection

You must collect your Biometric Residence Permit (BRP) card within 10 days of your arrival in the UK. Remember that in order to collect your BRP from the University on arrival, you need to have put the University's collection code on your visa application form.

The University will also need to check your BRP and ensure that a copy of it is stored in our student records system. Your welcome emails will explain where to go to collect your BRP and how to have it checked prior to registration.

Your BRP card is your visa and covers the entire length of your course. Remember to keep it safe as you would your passport. If it is lost or stolen, replacing it takes time and money!

#### Registration with the Police

Once you have been admitted to the UK, nationals of some countries are required to register with the police. Your immigration grant letter from UKVI will say if you are required to register. If it says nothing in this respect, then you do not need to register with the police. If you are required to do so, you must register with the police within seven days of your arrival in the UK. Information on how to do this can be found at **exeter.ac.uk/internationalstudents/uklife/policeregistration** 

If you are arriving during Freshers' Week there are special arrangements for you to register on campus during the week. It is then your responsibility to inform the police within seven days if you change your UK address, extend or change your immigration permission, or change your place of study.

#### Working regulations

Tier 4 students on degree-level courses can work part-time for a maximum of 20 hours per week during term-time and unlimited hours during vacations. Vacations are defined differently depending on the course that you are studying. It is important that you do not let your studies suffer. In reality most postgraduates find that seven to eight hours per week is the most they can do.

Students on short term study visas are not permitted to work.

Most dependants of Tier 4 students on degree-level courses will be given permission to work full-time in the UK. If your dependants are not allowed to work, this will be stated on their visa.

## Complying with the conditions of your Tier 4 visa

Tier 4 students have a number of specific duties and responsibilities imposed by UKVI. The key requirements that you should be aware of include the following which you must do:

- Comply with the conditions of your immigration permission (eg, only working part-time, registering with the police);
- Register on a course of study at the education institution which is printed on your BRP card;
- Provide the University with specific information including: your current passport and visa/BRP to copy
- Updates on your current address, email and telephone numbers
- Updates on any other changes eg, an extension to your visa
- Attend all of your classes and immediately inform your College if you will need to be absent for any reason, even if you will only miss one class.

## The University's responsibilities as a Tier 4 sponsor

Any education institution in the UK that wishes to admit students from outside the EEA or Switzerland must hold a licence from the Home Office. The University of Exeter is a licensed Tier 4 (General) sponsor.

Our responsibilities include:

- ensuring that all our students have immigration permission which allows them to study with us;
- · Keeping a record of
  - Your current passport
  - Your BRP card
  - Your current address, telephone number and other contact details.
- Monitoring your attendance at the University;
- Reporting to the Home Office if you change your programme or if you leave the University.
- Withdrawing immigration sponsorship if you leave the University or interrupt your studies for more than two months.

You can find more detailed information on all of the above in the 'Complying with your Tier 4 Visa' section at exeter.ac.uk/ internationalstudents/ immigration/tier4visas/ complyingwithyourtier4visa

### Your finances and fees

#### **Checklist**

Exchange currency needed	•
Make a budget plan	<b>~</b>
Pay tuition fee deposit (if applicable)	<b>~</b>
Check payment due dates and pay Tuition and Accommodation Fees	<b>&gt;</b>
Open a bank account	<b>~</b>

#### **Bank accounts**

There is no limit on the amount of money you can bring with you into Britain, but you may need the approval of exchange control in your own country. Start preparing well in advance by asking advice from your bank at home. If you are carrying €10,000 (or equivalent currency) in cash to the UK and you are travelling from outside the European Union you must complete a cash declaration form. More information is available from the HMRC C9011 form at

#### hmrc.gov.uk

There are different types of bank accounts available in the UK. Most students choose a current account. This is the basic account which you use for day-to-day purchases and deposits. This type of account normally comes with a cash card, with which you can take money from cashpoints (ATMs) up to a daily maximum limit. Cashpoints are usually accessible 24-hours a day and located on the exterior walls of banks and in some shops. Some cash machines charge a fee but they will tell you this before completing the transaction.

#### Opening a bank account

Some worldwide banks allow you to open up a UK bank account from abroad, but many students wait until they get to the UK to open an account so they can see which is the best deal for them. We recommend that you open a bank account as soon as you get to the UK. There is one major bank represented on the Streatham Campus and all major banks are represented in Exeter, Falmouth and Truro town centres.

It can take up to two weeks to open a bank account. You should therefore make sure that you bring enough money to cover your expenses for the first few weeks in the UK. You might consider bringing travellers cheques, a cash card or credit card with you. Please do not carry large amounts of cash with you or keep large amounts of cash in your room.

To open an account in the UK you will need:

- an application form from your preferred bank;
- your passport;
- confirmation that you are a fulltime student. Print a bank letter from the iExeter Student Record tab once you have registered online or from the Penryn Info Point in the Peter Lanyon Building at the Penryn Campus.
- proof of your address in the UK.
   This may be confirmed by the
   University if you have University
   accommodation or by a formal
   tenancy agreement if you are in
   private accommodation.

It is not always possible for students on short courses or exchange programmes to open bank accounts. If you have difficulty please contact **sid@exeter.ac.uk** or **info.penryn@exeter.ac.uk** 

Once you have successfully opened a UK bank account, please ensure you provide the account details via the student online portal 'iExeter' i.exeter.ac.uk

## University fees and charges



#### **Tuition and accommodation fees – due dates**

Term	Tuition Fees	Accommodation Fees
Autumn (Term I)	50% due 5 October 2020*	The amount stated in your accommodation contract due 5 October 2020
Spring (Term 2)	50% due    January 202 *	The amount stated in your accommodation contract due 11 January 2021
Summer (Term 3)	N/A	The amount stated in your accommodation contract due 4 May 2020
Vacation (Term 4)		The figure stated in your accommodation contract

<sup>\*</sup> Less any tuition deposit paid (Postgraduate Taught students only)

<sup>▲</sup> Applies to 51 week contracts only

## University fees and charges

- Payment Due Dates Please ensure that all fees, including those paid by a sponsor are paid by the due dates provided. Failure to pay by these dates may result in penalties being applied.
- If you are sponsored by an embassy or government, please ensure you provide the Accounts Receivable Team with a financial guarantee. Please email a scanned copy to sid@exeter.ac.uk or provide it during registration.
- You must also make sure your sponsor pays by the due date or you will be liable for late fees. If your sponsor fails to pay, you will be responsible for any fees due.
- University accommodation charges will vary according to the type of accommodation and duration of your contract. See exeter.ac.uk/ accommodation for further information.
- We recommend that single unaccompanied students allow at least £800 per month for essential living expenses (accommodation, food, books, etc).

#### How to pay

You can pay your fees at any time up until the due dates provided. You can also pay fees in your home currency via GlobalPay for students. Please visit the following webpage for more information including a link to the payment page **exeter.ac.uk/students/finance/howtopay** 

#### Other funding/ sponsorship

For details of University funding schemes please see our Funding database: **exeter.ac.uk/funding/prospective** If you are awarded a university-funded scholarship this will be deducted from the fees when we issue your Confirmation of Acceptance of Studies (CAS letter). You may also want to research scholarships from your own Ministry of Education, from the appropriate inter-university organisation, or from the British Council in your home country.

## Financial aid for US students

In order to process your loan application, you will need to complete the following:

- Free application for Federal Student Aid (FAFSA)
   fafsa.ed.gov
- Master Promissory Note (MPN) for both Direct loan and PLUS direct loan if applicable.
- Credit check (only applicable to PLUS direct loan) studentloans.gov/ mydirectloan/index.action
- Direct loan student information form (available on University of Exeter web page)

Once you have completed the above steps, please email **sid@exeter.ac.uk** to advise us.

Our school code (also known as the OPE ID) is G009442.

All information on financial aid for US students can be found at: exeter.ac.uk/students/finance/studentfunding/internationalstudents/usstudents

## Budgeting for life in the UK

Living in Exeter or Falmouth is comparable to living in any other major UK town or city and your cost of living will depend a great deal on your lifestyle. It is estimated that a single student living in Exeter or Cornwall will need approximately £1,075 a month to meet basic living expenses such as accommodation costs, food, books, equipment and other necessities.

The information below should help you begin to plan your finances for living in the UK. Another easy way to understand whether you have budgeted enough is to visit UKCISA ukcisa.org.uk/Information--Advice/Studying--living-in-the-UK/How-much-will-it-cost-to-study-in-the-UK

## How much do things cost?

If you do not live in catered halls, the cost of food based on a western-style breakfast, light midday meal and hot evening meal is likely to be £50 – £60 per week. There are many outlets for buying food on campus and a hot meal ranges from £4.00 – £8.00.

Food prices are very different depending on where you shop and what products you buy. Supermarkets often have 'ownlabel' brands which are cheaper than more recognised brands. You could also explore local markets or bulk buying.

Basic goods	Approximate costs in £
Loaf of white bread	£1.00
I litre of semi-skimmed milk	£0.80-£1.00
6 medium eggs	£1.20
Margarine (500g)	£1.00-£1.90
Cheese (400g)	£2.00
Cooking oil (1 ltr)	£1.20
Pasta – uncooked spaghetti (500g)	£1.00
Rice (1kg)	£1.50
Noodles (300g)	£1.40
Drinks	
Cola (2ltr)	£1.50-£2.00
Coffee – instant (100g)	£2.50
Tea bags (80 bags)	£2.00
Mineral water (2ltr)	£0.84

#### **Food from overseas**

British shops and larger supermarkets stock a wide range of products including food imported from other countries and food meeting religious requirements, for example, Halal. There are also many local ethnic stores where you can find food you are used to eating at home. Please note, however; prices are often much higher than at home.

#### **Heating and lighting**

If you choose to live in private rented accommodation, the cost of heating may not be included in your rent. If you are not used to cold or damp weather, you may need to keep the heating on for eight months of the year and this may add significantly to your bills. Allow a minimum of £520 for the year. Heating and lighting is included in the cost of university accommodation.

## Budgeting for life in the UK

## Books and equipment

The cost of books varies for different courses and continues to rise; the average figure for one year is £480.

You are strongly advised to check with your college if there are any extra costs anticipated.

There are many public computers available to use on campus, but most students choose to bring their own personal computer. If you are not in University accommodation you may be charged extra for internet connection in your room.

#### Warm clothing

The price of clothes varies enormously and how much you spend will depend on your budget. Shops such as Primark, TK Maxx, H&M and some large supermarkets have very inexpensive clothing lines. The average figure for warm clothes, for one year, is £520. Please see our 'what to pack' section for more information.

#### Visa fees

Should you need to renew your visa whilst you are in the UK, you will have to include the application fee (currently £494.20 and £494.20 plus £300 immigration health surcharge per dependant – more if you choose Priority Service). You and any dependants will also have to attend a biometrics appointment.

#### Other costs

To cover such items as laundrette and dry-cleaning, personal hygiene items and household articles, you will need approximately £380 for the year.

#### **Entertainment**

You will also need some money to follow interests beyond your academic studies. Even the most dedicated students need time to relax and unwind! Here is an idea of how much it might cost you:

	Costs £
Daily newspaper	£0.80-£2.00
Paperback books	£7.00+
Magazine	£2.50+
Cup of coffee	£1.40-£3.00
Cup of tea	£1.00+
Non-alcoholic drink	£1.20+
Glass of wine	£3.50+
Pack of cigarettes (20)	£8.00+
Cinema ticket	£8+

The cost of an evening out will vary. There are a wide range of places and prices in Exeter, Falmouth and their surrounding areas and many offer a student discount. For example, if you go clubbing at the weekend expect to pay between  $\pounds 5 - \pounds 10$  for entry, or pay  $\pounds 8$  for an inexpensive lunch.

#### **Travel**

Travelling around the UK can be expensive if you don't plan ahead. There are student discount cards you can buy for national rail and bus networks and these are worth purchasing in if you will use these services. For example, a single rail ticket bought on the day of travel from Exeter to London could cost £50, but if you book in advance and with a student card it could cost around £30. National Express offers cheaper alternatives. Low cost airline carriers operate from Exeter, Bristol and Newquay airports and are worth considering if you are looking for a closer alternative to Heathrow.

#### Useful reference websites:

International student calculator: **studentcalculator.org.uk** 

International Food prices: **tesco.com/pricecheck** 

Books:

bookshop.blackwell.co.uk amazon.co.uk

UK weather:

bbc.co.uk/weather

UK living and culture: **britishcouncil.org** 





### Accommodation at Exeter campuses

#### **Checklist**

Check if you are eligible for University accommodation	V
Applications open 6 April 2020	V
Guarantee deadline 31 July 2020	V
Check what is available in your room	V

## Accommodation guarantee: Exeter campuses

With over 6,100 bed spaces at Exeter, we are able to offer accommodation in University owned/partner/nominated accommodation to many of our students. We have a wide range of accommodation styles, standards and budgets, designed to suit the different needs on and off campus, of the diverse student community at both undergraduate and postgraduate level.

If you apply by 3 I July, we guarantee to offer you accommodation, as long as you have firmly accepted our offer of a place on a degree programme at the University of Exeter and you are in your first year of study.

Applications for 2020/21 will open from 6 April 2020 and we will prioritise applications received by 31 July. For further information please check our webpage: exeter.ac.uk/accommodation/students/prospectivestudents/guarantee

## What accommodation can I apply for?

- Undergraduate students can apply for catered halls or self-catered accommodation (Exeter only).
- International postgraduate students can apply for self-catered accommodation.
- Study Abroad and Exchange students can apply for self-catered accommodation at Exeter, if you are studying for a full year starting in September.
- If you are only in Exeter for one semester please visit the accommodation website for further information exeter.ac.uk/ accommodation/students/ prospectivestudents/ erasmusexchange
- You are defined as an 'international' student if you pay international fees (see your academic offer).

Take a look at the accommodation website **exeter.ac.uk/ accommodation/residences**where you will find comprehensive descriptions of our residences, photo galleries, location maps, sample contracts and current prices.

Virtual tours around the majority of our residences can be seen at **exeter.ac.uk/virtualtours** 

Our residences offer accommodation to both home and international students allowing you to live in a multicultural setting.

We aim to offer, as best as we can, single sex flats as well as accommodation living with students who prefer a quieter lifestyle.

There is a useful list of answers to frequently asked questions at **exeter.ac.uk/accommodation/applying/faq** 

## Self-catered accommodation

There is a variety of self-catered accommodation including en-suite, standard and self-contained studio rooms

Flats and houses are shared between three and twelve students, who have their own study bedroom and share communal facilities (bathroom/shower and toilet facilities depend on whether the room is ensuite or not). Each flat has a kitchen which contains: cooker and/or oven, hob and grill, microwave oven, refrigerator and freezer, and some have a communal dining area or lounge. The study bedrooms vary in size and are furnished with a bed, wardrobe, bookshelves, desk and chair and lamp or fixed lighting. You can find more details of facilities in our residences at exeter.ac.uk/ accommodation/residences

Alternatively, studio rooms provide an open-plan living and studying space with a kitchenette, a small dining area and en-suite bathroom which means that all the facilities are contained in your room.

 All rooms have high speed internet which is included in the weekly rent. You will need to bring your own bedding (duvet,

### Accommodation at our Exeter campuses

sheets, pillow, etc) and kitchen items like pots and cooking utensils.

Self-catered accommodation is let for 40, 42, 44 or 51 weeks per year and you will be expected to pay for your accommodation for the full period as stated in your contract.

#### **Catered halls**

Catered halls are only available to undergraduate students. They are located on Streatham Campus and there are standard or ensuite rooms available.

A meal plan is included in the rent and it offers 16 meals per week comprising: breakfast and an evening meal, Monday to Friday; and continental breakfast, brunch and an evening meal on Saturday and Sunday.

Catered accommodation is let for 32 weeks – based around our term dates and you will be expected to vacate your room over the Christmas and Easter period.

## Students with a disability

We are committed to promoting equality of opportunity and have adapted rooms in many of our residences.

If you have special accommodation requirements you should specify these when you are making your online application. The Accommodation Office will take this into consideration when allocating your room.

Our dedicated AccessAbility team will be happy to discuss your requirements, in order to find or adapt accommodation that will be suitable for you.

#### What to bring

What is available in your flat or room varies from residence to residence. Please check at **exeter.ac.uk/ accommodation/students/ prospectivestudents/arrivals** to see what will be provided.

#### **Terms of contract**

Fees are inclusive of all utilities (heating, water etc), personal effects insurance and WiFi. Full details will be included in your online accommodation contract.

Accommodation fees are generally due in three termly installments (other arrangements may apply for contracts with our Nominated residences). If you prefer, you can pay for your accommodation in one payment at the beginning of the academic year. Late fees will be applied automatically if they are not paid on time.

You will be expected to honour your contract for the full period as stated. Your only right to cancel is explained in our cancellation policy. (exeter.ac.uk/accommodation/students/prospectivestudents/termsandconditions)

If you fail to notify us within the five day period you can only terminate the accommodation agreement in accordance with the procedure set out in the accommodation agreement.

#### **Application process**

If you are an undergraduate student you can apply for accommodation once applications open on 6 April 2020 and you have firmly accepted your offer to study at Exeter. If you are a postgraduate student you can apply once you you have firmly accepted your academic offer at

Exeter and your tuition deposit has been processed. To be guaranteed accommodation, students must apply by 3 I July 2020. Please read **exeter. ac.uk/accommodation/applying** for information on how and when to apply.

Upon receipt of your application you will receive a confirmation email. An accommodation offer and instructions of how to pay the deposit will be sent from late April onwards. The Accommodation Office will not be able to confirm your exact room or address until your arrival in September.

## **Private sector** accommodation

A number of students, especially those with families, prefer to live in private rented accommodation close to the University. Please note that this can take time to arrange and it may be difficult to find a suitable place directly from overseas. Landlords often require references and a substantial deposit.

You can view further information on renting private accommodation at **exeter.ac.uk/accommodation/ privatehousing/housingoptions** or take a look at our private accommodation search portal '**Studentpad**' to see what's available.

We strongly advise you to make use of the **Contract Housing Guide**, which contains important advice on how to secure private accommodation. For more help you can contact the Guild Advice via: **advice@exeterguild.com** 

Please note that the University will not be involved in the vetting of private accommodation and contracts are signed at the student's own risk.

## Accommodation at our Cornwall campuses

## Accommodation guarantee: Cornwall campuses

We are able to guarantee an offer of accommodation in university owned, managed or approved residences as long as applications are received between 6 April and 3 I July 2020. You will need to have accepted an offer to study with the University of Exeter in order to apply for halls. Accommodation is available to the below students:

- International undergraduate and postgraduate students entering into year one
- Incoming study abroad or Erasmus students based at the Penryn Campus for a single semester or the full academic year

#### **Our accommodation**

Our accommodation at Glasney Student Village and The Sidings is located on, or just a short walk, from the Penryn Campus. They are divided into self-catered flats, each with between four-to- seven bedrooms. The communal kitchen/dining areas are fully fitted and furnished to include a dining table, chairs and television, as well as fridge/freezers, a microwave, toaster and kettle.

All our halls include self-catering facilities, but if you prefer to have your meals prepared, we offer a catered package at Glasney Student Village.

Halls are accessed via secure entry systems and there is CCTV in operation at most sites. Support is available 24/7, either via the Site Office and Accommodation Office during normal working hours, or, overnight, there is an out-of-hours support team who visit each residence through regular patrols; they can also be contacted by phone.

Utility bills are included within some of our halls. In other residences, bills within a given quota are covered and you'll need to 'top up' if you go over this. Support is provided by Site Managers to make you aware of your electricity usage.

Internet is provided free of charge and in some halls there is the option to pay extra for increased provision.

#### **Increased options**

In addition to the options mentioned, we are also offering the opportunity to apply for other university owned, managed, or approved halls in Penryn and Falmouth subject to availability. These options are predominantly allocated to Falmouth University students but are also available to University of Exeter students. These options offer a more diverse range of housing to choose from, including studio accommodation. Price range varies depending on the room type (en-suite, studio), as well as the size of the room. Further information can be found in the "Halls of Residence" section on our website fxplus.ac.uk/live.

#### **Room types**

**En-suite:** Rooms are single occupancy with double or single bed, desk and en-suite shower and toilet facilities. There is access to shared kitchen/dining facilities and some residences have a communal lounge area with sofas.

Shared rooms: We have two types of shared room available in Glasney Student Village; both are en-suite and are a lower cost alternative to single occupancy rooms and are available catered or self-catered. Our shared accommodation is not en-suite.

Our study bedrooms accommodate two students offering two single beds, which rotate into a large desk area; there is no need to clear the desk before rotating back to a bed. There are additional shelves/cupboards and wardrobes in these rooms. Study bedrooms can also be allocated as single occupancy.

\* Numbers are limited.

## Accommodation at our Penryn Campus

**Studio:** Each studio apartment is self-contained with en-suite and kitchenette.

Accessible rooms: We have a number of rooms that are suitable for students with a range of disabilities; please discuss individual needs with the Accommodation Office.

#### Contracts and costs:

Self-catered – single occupancy; 40 weeks approx. £6,064.80-£7,301.27

Shared occupancy; 40 weeks £4,555.00 (self-catered) 40 weeks £6,350.40 (catered)

#### **Applications**

Applications submitted by the deadline of 31 July 2019 are prioritised; however, we are not able to guarantee that you will be allocated your preferred accommodation. During periods of high demand, we enter into agreements with approved accommodation providers in the local area in order to increase the availability of university owned, managed or approved accommodation. If your preferred choice is not available, we will offer you an alternative from our accommodation options.

## Private sector accommodation

If you decide not to live on campus, the Penryn Campus Accommodation Office provide support in finding private rented accommodation off-campus, and manage an online accommodation list of local rooms and properties. We also organise annual house-hunting sessions and accommodation fairs during the spring and summer.

Local rents are typically £80-£100 per week for a room in shared accommodation, excluding utility hills

For all accommodation enquiries in Cornwall, please contact the Penryn Campus Accommodation Office:

Tel: +44 (0) I 326 253639 Email: accommodation@fxplus.ac.uk
Details of the accommodation in
Cornwall can be found at either
exeter.ac.uk/accommodation/
cornwallcampuses/students or
fxplus.ac.uk/live

## Students with families



### Students with families

## Childcare for pre-school children

If your children are young, you will probably have to look after them yourselves as domestic help is hard to find and is very expensive.

There are private day nurseries which take children under school age but many have waiting lists and the costs are high. The Devon Information on Services for Children website has details of playgroups, nurseries, childminders and out of school clubs.

See **devon.gov.uk/disc** and use the search facility.

For information on childcare services in Cornwall visit **cornwallfisdirectory.org.uk** and follow the links to the South West.

### The University Family Centre

Owlets Nursery on the Streatham Campus in Exeter the centre is run by qualified staff and takes children from six weeks to five years of age. You should apply well in advance as demand is very high and places are limited.

Email: **Owlets@exe-coll.ac.uk**Tel: +44 (0) | 392 400 | 75. For more information please look at our webpage: **owlets-nursery.co.uk** 

#### Penryn Campus Nursery

On the Penryn Campus, our new 54-place purpose-built 'Little Wonders Nursery' caters for children between 0 to 5 years in

three age group rooms: 0 to 2 year olds, 2 to 3 year olds and 3 to 5 year olds. Each room has access to a secure, large, outdoor eco-friendly play and learning area. Opening hours: Monday to Friday, 8am – 6pm.

Parents and carers who are interested in putting their child on a waiting list can contact: **nursery@fxplus.ac.uk** or phone: +44 (0)1326 370408.

#### **Schools**

If your children are between five and 16 years old, the Local Education Authority (LEA) has a duty to provide a place for them in a local school.

You can apply for a school place before coming to the UK, and you are encouraged to do so, but any decision will not be made until you have evidence of a right of abode either through nationality or a valid visa. **Click here** for more information on Devon LEA and applications.

Schools terms in the UK start at the beginning of September. You may be arriving later than that. The LEA will still provide you with a school place.

Some schools may have a school uniform; others may have a liberal dress code. Discipline is maintained through an agreed behaviour code within the individual school and there is no corporal punishment in state schools. To help your child settle into the school, it would be helpful if you brought a recent teacher's report and some samples of work. You might also like to

bring some reading books in your language and a dual dictionary (eg Korean/English) suitable for your child to use in school. Please be aware that schools in the South West have few specially trained language assistants.

You might need to contact the local authority for where you live to apply for a school place as you will be applying outside of the standard admissions time.

For Devon contact **admissions@ devon.gov.uk** 

For Cornwall see cornwall.gov. uk/education-and-learning/schools-and-colleges/school-admissions

### Students with families

## Accommodation for families and couples

Places are limited in Universityowned accommodation for students with partners and/or with children. A high proportion of new students who are accompanied with others have to seek private accommodation, which may take more time to find. In this instance the University cannot guarantee accommodation or accept any responsibility for housing couples, students with families or single parent families.

We would suggest that if you have not secured accommodation before departure, that you come alone first and your partner or family follow once you have found suitable accommodation.

Please be aware that if you accept a single room in University accommodation you will have to make payments for the entire contract period even if would like to move out to find suitable family accommodation outside of the University later. Similarly, students who leave private accommodation early may find themselves responsible for full payment until the end of their contract. The Guild Advice Team and the SU can check your private accommodation contract before you sign it.

Please refer to the section entitled 'Private Sector accommodation' in the accommodation section of this handbook.

## Language classes for spouses, partners and families

We offer free language classes for partners of students registered at the University. The aims of the classes are both educational and social: with the emphasis placed on developing fluency in spoken English and acquiring the language skills necessary for day-to-day living in Exeter and understanding different cultural and social aspects of the UK. The classes also act as a social focus and are a means of meeting other families, sharing experiences and providing support. Teaching is informal and very flexible, depending on the needs and ability levels of the groups.

Two classes per week take place during term time in our INTO Centre.

To find out more information on the classes please contact:

j.d.hughes@exeter.ac.uk insessional@exeter.ac.uk. Students based in Cornwall visit: languages.fxplus.ac.uk

There are other free English classes in Exeter and Cornwall. The International Student Support Office can give you details.

#### **Activities**

There is lots to do in Devon and Cornwall for families. The following websites are full of information:

dayoutwiththekids.co.uk/ search.php?county=Devon

netmums.com/southdevon

**Exeter Library** 

**Falmouth Library** 



## Healthcare and Medical Insurance



### Healthcare and medical insurance

#### **Checklist**

Have medical examination and vaccinations (if applicable)	V
Register with a health centre before your arrival in the UK so you can obtain an NHS number and access medical care	V
Book an appointment at the health centre if you have an existing medical condition or take medication.	V
Arrange medical insurance if studying in the UK for less than six months.	~

## Registering for NHS medical care

If you are on a course lasting for six months or more you, and dependant members of your family, can access full healthcare under the National Health Service (NHS). You will be required to pay a 'Health Charge' to enable access to NHS Healthcare when you apply for a Tier 4 or PBS Dependant Visa. The amount will vary depending on the length of your stay in the UK. Once you have paid this charge, most healthcare will be free but you will still pay for prescriptions for medicines (currently £9.00 per item) optician and dental services. Prescriptions are issued by a doctor and the medicines are dispensed at a pharmacy.

To be able to access NHS healthcare you must register with a General Practitioner (GP – doctor) at a GP surgery. Once registered you will be allocated an NHS number which you will need to receive any NHS healthcare.

On the Streatham Campus in Exeter there is a specialist GP surgery for students called the Student Health Centre. Please visit exeterstudenthealthcentre. co.uk for information about services at the Student Health Centre. To register please use the online registration service at campusdoctor.co.uk/exeter before your arrival in the UK.

If you are based on the St Luke's Campus you may prefer to register at the Heavitree Health Centre **theheavitreepractice.co.uk** Students based in Cornwall should register at the Penryn Surgery **penrynsurgery.co.uk** 

If you are taking regular medication you should ensure you bring enough medication to last until you next return to your home country. Some medications are not available in the UK or cannot be prescribed on the NHS. Please ensure you bring information from a doctor in your home country about pre-existing health conditions and medication you are taking (in English where possible) as you may be questioned about medication you are bringing in to the country on arrival in the UK and it is important that this information is available in case of an emergency. Please also make sure you give this information to your new GP surgery.

#### Confidentiality

Please note that any medical information you give to an NHS service such as your GP surgery is confidential and cannot be shared with your university department

or family without your consent, except in a very serious emergency situation.

## Studying in the UK for less than six months:

If you are studying in the UK for between three and six months you can still register at a GP surgery to access GP healthcare and emergency treatments but you may need to pay if you require some hospital treatments such as seeing a specialist. Some countries have a reciprocal arrangement with the UK to cover urgent treatments that cannot wait until you return home for information please see nhs.uk/using-the-nhs/nhsservices/visiting-or-moving-toengland/how-to-access-nhsservices-in-england EEA or Swiss national students should bring an EHIC (European Health Insurance) Card from your own national health authority. Please note this is correct at time of writing but there may be new arrangements from January 2020 post Brexit.

If you are in the UK for less than three months you cannot register with a GP surgery for an NHS number. You can still be seen in an emergency situation as a temporary patient at a GP surgery, NHS Walk in Centre or Accident and Emergency Department.

### Healthcare and medical insurance

## Comprehensive private medical insurance

Comprehensive private medical insurance is essential if you are here for less than six months and are not from a country with a reciprocal agreement. You need to arrange this before you leave your home country. Private medical treatment in the UK is expensive.

## **Tuberculosis** screening

TB screening is required if you are from a country with a high prevalence of tuberculosis; please see **gov.uk/tb-test-visa**. If you are from a relevant country please print out the form, complete it, checking with your doctor if necessary, and bring the form with you to hand in with your medical registration form. Further information on the NHS is available at **nhs.uk** 

#### **Dentists**

If you are eligible for NHS treatment you will be eligible for treatment from a dentist accepting NHS patients.

Please note that dentists accepting new patients are extremely limited – hence the need for private insurance.

There are charges for NHS dentist services based on a percentage cost up to a maximum of approximately £219.

#### **Opticians**

Eye tests are available at opticians, which can be found in the High Street. You will have to pay a charge of around £25 for an eye test. You will need to pay for lenses and frames which can cost from £40 to over £350.

## Useful reference websites

National Health Service: nhs.uk

Further information on staying healthy in the UK is available at ukcisa.org.uk/Information--Advice/Studying--living-in-the-UK/Health-and-healthcare



#### **Preparing to study**

You may not have studied in the UK before. Although you will have to satisfy certain academic requirements to receive an offer we would recommend that you do some pre-arrival research into UK study methods too. There is an excellent web resource **prepareforsuccess.org.uk** with interactive modules to give you an insight into study in the UK. Your College may also send you some discipline specific preparatory materials before arrival.

#### Study methods

While you are studying at the University of Exeter, you will experience several different methods of teaching and learning. You will be trained to read widely around a topic and research it thoroughly, to reflect on the ideas you have encountered and to analyse and describe them. You may be familiar with some or all of the learning activities described below, each of which serves a valuable purpose.

#### Lectures

Lectures are the most traditional form of teaching. They allow lecturers to teach a large number of students (up to 400). Even if notes are provided you should listen carefully and make your own notes of the important points. You may also be directed to online resources associated with the lecture.

#### Term dates 2020-21

Arrivals Weekend	Friday II – Sunday I3 September
Freshers' Week	Monday 14 – Sunday 20 September
Term I	Monday 21 September – Friday 11 December Exam Week Monday 4 – Saturday 9 January 2021
Term 2	Monday 4 January – Friday 26 March 2021 Orientation 11 January 2021
Term 3	Monday 26 April – Friday II June

## **Study Abroad, International Exchange** and Erasmus students

Arrivals Weekend	Friday II – Sunday I3 September	
Freshers' Week	Monday 14 – Sunday 20 September	
Semester I	21 September 2020 – 9 January 2021	
Semester 2	January	

## Seminars and tutorials

Seminars and tutorials are discussion groups with your tutor and a group of students. The discussion could be about a previous lecture or a specific topic. Sometimes each student is asked to prepare a short presentation for discussion. Seminars and tutorials are more informal than lectures but you

are expected to prepare for the discussion topic and to participate in that discussion. This is your opportunity to ask questions and to improve your presentation skills. Always tell the tutor if there is something you have not understood.

#### Small group work

Most courses provide opportunities for students to work in a small group on a task assigned by the tutor. Group work can be valuable and enjoyable. You will learn from each other and improve your skills.

#### Workshop, laboratory, field or studio sessions

If you are going to study a subject with a practical element some of your time will be spent in workshop, laboratory, field or studio sessions where you can develop your skills and expertise through practical work. Afterwards you may have to write up the results and maybe give a presentation on them.

#### Computer work

Almost all subjects will require some form of computer work as part of the course. You will be required to type your assignments or maybe undertake computer analysis of data. If you have problems with using a computer to complete your work you should contact your personal tutor, IT support or the AccessAbility Office.

## Personal and academic tutors

All taught students are allocated a Personal Academic Tutor. They will meet with you in one-toone meetings, and sometimes in group tutorials as well. For all undergraduates, individual meetings will take place on at least five occasions per year; for postgraduate taught students, meetings with Personal Academic Tutors will take place at least three times. The purpose of the meetings is for you to discuss your transition, academic progress and ambitions, plus you can seek advice and guidance about the range of support services available to you.

#### **Independent study**

British higher education places a large emphasis on independent study. On all courses you will be expected to study extensively on your own. You will be asked to read widely on a subject, make notes, research, write and revise outside of formal teaching.

This is especially the case at postgraduate level. Advisors and supervisors will be ready to help but you will have to plan your learning. You will be encouraged to be an active and independent learner.

#### **Assessment**

All of the following may constitute assessment: examinations, course work, assignments, projects, presentations or essays. It is your responsibility to check the requirements for each form of assessment at the University of Exeter.

#### **Plagiarism**

Plagiarism means copying work from another student, or using, in your work, text or ideas from a publication or any other source, without referencing it correctly.

Please note that the University has a very strict definition of plagiarism and the penalties are severe. Further information will be given to you by your College at orientation.

## **English Language Support**

There is free English Language Support available across all our campuses.

At the Exeter campuses, students can access the credit and non credit rated Insessional English Programme including workshops in English for academic purposes, writing tutorials and independent study. General English classes cover speaking practice, British culture and intercultural communications.

Full information can be found at: **exeter.ac.uk/international/into/programmes/insessional** 

International students studying in Cornwall will have access to English language throughout their studies via the Languages team.

## Academic Skills Development

Study skills support is provided by Study Zone on the Exeter campuses **exeter.ac.uk/ studyzone** or ASK: Academic Skills at the Penryn Campus **ask.fxplus.ac.uk** 

## Problems with your studies (taught students)

If you are worried about your progress on your course, or any aspect of your study, speak to the lecturer concerned.

If you have a personal situation that is affecting your studies, arrange to meet with your Personal/Academic Tutor or the ISSO who can help you find the best source of support. It is very important that you tell someone as soon as possible rather than wait.

Tell your College if you are sick and cannot attend lectures or seminars. Your College will have information on their website about who to contact to report sickness absences.

## Insessional English language support

The Insessional English Programme provides support for international students, including workshops in English for academic purposes, one-to-one writing tutorials, and opportunities for independent study. There are also general English classes, which provide an excellent forum for speaking practice and learning about British culture.

Full information can be found at: exeter.ac.uk/international /into/programmes/insessional and at languages.fxplus.ac.uk for students based in Cornwall.



## What to pack

## Hand luggage checklist

Passport and visa (if separate)	V
Copy of your Confirmation of Acceptance of Studies (CAS)	V
Some sterling cash/travellers cheques	<b>~</b>
A copy of this guide	V
A jumper and umbrella	•
Label your luggage clearly with full name, University, address	V

For personal security reasons you are strongly advised not to put all of your personal documents (passport, money, travellers cheques, documents, important addresses and telephone numbers) in one bag, wallet or pocket. Keep them on your person and in your hand luggage, but keep them separate. This will limit the possibility of losing ALL your valuable documents at once, should your baggage be lost or stolen. You will also need to have them to hand in case you are required to show them at immigration. You will not be allowed to collect your main luggage until you have passed through immigration control.

We would recommend you keep photocopies of all your important documents and contact telephone numbers in your main luggage.

Term	Average Temp (Max °C)	Average Temp (Min °C)	Average Temp (Max °F)	Average Temp (Min °F)	Total Rainfall (mm)	Total Rainfall (inches)
Mar to May (Spring)	14	5	57	41	176	7
Jun to Aug (Summer)	21	12	70	53	147	6
Sept to Nov (Autumn / Fall)	16	8	61	46	231	9
Dec to Feb (Winter)	9	3	48	38	230	9

You will need some sterling cash (about £250) and either sterling traveller's cheques (about £300) or access to a credit card when you arrive for immediate expenses for you to use until your bank account is set up. Do not carry large amounts of cash with you.

#### **Climate and clothing**

Please do not bring large electrical items such as rice cookers or heaters with you. UK voltages and plugs may be different and there will be regulations about what electrical items your accommodation will allow. Exeter shops stock a range of rice cookers and other such items.

Remember that you will have to carry your luggage yourself at some point. Streatham Campus is very hilly and only a few residences have an elevator. Only pack what you can carry!

The only certainty about the British weather is its changeability. Make sure you carry a jumper in your hand luggage for when you first arrive in the UK.

We would recommend you bring a waterproof coat, umbrella and waterproof shoes. If you do not have these items they can be easily purchased in Exeter, Falmouth or Truro.

Dress in Britain, especially at University, is mostly informal and casual. You will see many students in jeans, jogging trousers and training shoes. It will usually be made clear to you, when you are invited, that an occasion may demand something more formal or smart – if in doubt, just ask. 'Formal' clothes for men (dinner suits, etc) can be hired. You may want to bring your national costume to wear on special occasions.

# Travelling to Exeter and Cornwall



## Travelling to Exeter and Cornwall

#### Checklist

Consider which airport you wish to arrive at	V
Plan onward travel to Exeter or Cornwall	V
Pre-book a seat on the Airport Collection Service September	V
Label your luggage clearly	<b>~</b>
Print out your key collection information if in University accommodation	V

We would encourage students to consider travelling to Exeter and Bristol International Airports or Cardiff Airport rather than Heathrow. You may need to change flights at a European airport such as Paris or Amsterdam but the airports are smaller, immigration processing times shorter and the distance to Exeter is shorter. However, we do realise that flights to Heathrow or Gatwick airports are often cheaper.

#### When to arrive

We encourage all new students to arrive in time for Freshers' Week (Monday 14 – Sunday 20 September 2020) or January Orientation 2021 (Monday 11 January 2021). At these orientations you will be able to participate in the International Welcome Programme and attend your Academic Induction. To help the large number of students arriving for Freshers' Week we run a subsidised Airport collection service (see below). If you cannot arrive at these times or are a research student arriving outside these orientations please make your way to Exeter or Cornwall using the following

information and either attend a Late Orientation meeting or contact sid@exeter.ac.uk or info.penryn@exeter.ac.uk and we can arrange a meeting with you to give you a short introduction to the University.

#### Freshers' Week Airport collection Service: Heathrow to Exeter

This service runs on Saturday 12 and Sunday 13 September 2020. This service is available for students and accompanying family members. Seats must be pre booked online. The deadline for booking is 10 September, but places are limited and allocation is made on a first-come first-served basis.

exeter.ac.uk/ internationalstudents/ newstudents/ airportcollectionservice

#### Freshers' Week Airport collection Service to Cornwall

Full details of the Airport Collection Service options can be found on our website from 1 May. These options include a collection service from Heathrow Airport to Penryn Campus, and a collection service from Newquay Airport, a small regional airport in Cornwall which is less than an hour's drive from the Penryn Campus and has daily flights to and from Heathrow.

Please note places must usually be booked in advance, with a closing date for bookings in early September. Bookings are offered on a first-come first-served basis, so be sure to book early exeter.ac.uk/ internationalstudents/ newstudents/ airportcollectionservice

#### For further details of UK airports:

Heathrow:

heathrowairport.com

Gatwick:

gatwickairport.com

Bristol: bristolairport.co.uk Exeter: exeter-airport.co.uk

Newquay:

newquaycornwallairport.com

#### What to expect at the airport

When you arrive in Britain your first stop is Immigration Control for which you will see two different signs. One queue is for EEA and British passport holders, and one for holders of all other passports.

You may need to show the Immigration Officer all your documents and answer any questions regarding your stay in the UK.

The Immigration Officer will usually put a date stamp in your passport to show the date you entered the UK. You will have permission to stay until your visa or entry clearance expires. It may also be endorsed on your visa that you need to register with the police within seven days of arrival – this is routine procedure for certain visa nationals who are studying in the UK for six months or more. This can be done when you reach Exeter or Cornwall. The Police will be on campus to facilitate Police Registration during Freshers' Week. If you arrive in the UK outside this time see exeter.ac.uk/ international students/ visaconditions/policeregistration

for further information on Police Registration.

# Travelling to Exeter and Cornwall

If you have any problems at Passport Control, you should ask the Immigration Officer to contact Estate Patrol at the University on +44 (0) 1392 723999, or the Immigration Advisory Service (IAS) in Hounslow on 0844 887 0111 (09:30 – 17:30).

If you have booked a place on the University's Airport Collection Service (see p.37), and you encounter any problems with the immigration process, let the officer know that you are being met at the airport by staff from the University. After passing through Immigration Control you will be able to collect your luggage from the baggage reclaim area. The next stop is the Customs Hall. If you are not sure what you can or cannot bring into the UK, you should check the UK Customs and Excise website at hmrc.gov.uk/customs or ask at your local British Embassy/High Commission. There are very strict laws regarding the importation of foodstuffs and you should consult gov.uk/defra to check personal food imports. If you have nothing to declare, use the 'green' channel. Use 'red' if you do have goods to declare, and 'blue' if you have already passed through an EEA airport and your goods have already been cleared.

# Travelling to Exeter campuses: Streatham and St Luke's

The following information is for students studying at our Exeter campuses: Streatham and St Luke's.

#### Trains to Exeter

All trains from Gatwick and Heathrow will require a number of changes before you reach campus. Be aware that not every train station will have lifts to help you move your luggage between platforms, and luggage storage areas can be limited on trains. Visit **thetrainline**.

**com** to see the quickest route for your arrival time. Booking a ticket in advance is usually cheaper, but check if you can use the ticket on a later service if your arrival into the UK is delayed.

Students living in Exeter should leave the train at Exeter St David's. There are two train stations in Exeter (St David's and Central), please take a look at a map to decide which station is closest to your accommodation if you are living in private accommodation.

Starting at	Change at	Journey time
Heathrow	Heathrow Express to London Paddington	3 hours
London	Direct to Exeter	3 hours
Gatwick	Reading	3 hours
Bristol Airport Bus	Bristol Temple- meads	2.2 hours

Estimated train costs if tickets purchased on the day:

Heathrow Express: £37

London Paddington to Exeter: £53

Gatwick airport to Exeter: £94

Bristol Airport: £38

We recommend you book a taxi to take you from the train station to your accommodation if you have luggage to transport. Taxis usually wait outside Exeter St David's train station. The local taxi firm is Apple Taxis +44 (0)1392 666666. A taxi to Streatham Campus is around £10.

#### Coach to Exeter

Coach travel is usually cheaper than train travel, but will take considerably longer. Please be aware that there may be a limit on the luggage you can bring with you, so please check before you book your ticket. Exeter has three bus depots. Please travel to Exeter Bus and Coach Station in central Exeter.

Tickets will be cheaper if bought ahead of time. Please use the following website to see coach times, routes and to book tickets: **nationalexpress.com** or **megabus.co.uk**.

Both National Express and Megabus stop at Exeter City bus station.

Starting at	Change at	Journey time
Heathrow National Express	Heathrow Terminal 2/3	4.5 hours
Gatwick National Express	Heathrow	5.5 hours
Central London Megabus	Direct	5 hours
Bristol Airport National Express	Bristol Coach Station	3.5 hours

Estimated coach costs if tickets purchased on the day:

Heathrow to Exeter: £30

# Travelling to Exeter and Cornwall

Gatwick to Exeter: £53

Central London to Exeter: £24 Bristol Airport to Exeter: £20

# Independent travel to Cornwall campuses: Penryn or Truro

The following information is for students studying at our Penryn Campus, near Falmouth, or for students studying in Truro. Most services will stop at Truro before going on to stop at Penryn or Falmouth.

### Trains to Truro, Penryn and Falmouth

All trains from Gatwick and Heathrow will require a number of changes before you reach campus. Be aware that not every train station will have lifts to help you move your luggage between platforms, and luggage storage areas can be limited on trains. Use **thetrainline**.

**com** to see the quickest route for your arrival time. Booking a ticket in advance is usually cheaper, but check if you can use the ticket on a later service if your arrival into the UK is delayed.

Students living in Truro should leave the train at Truro. Students living in Glasney, The Sidings or other Penryn accommodation should leave the train at Penryn. There are three train stations in Falmouth (Penmere, Falmouth Town and Falmouth Docks), please take a look at a map to decide which station is closest to your accommodation if you are living in private accommodation.

Starting at	Change at	Journey time
Heathrow	Reading and Truro	6.5 hours
Gatwick	Reading and Truro	6.5 hours

Estimated ticket cost on the day starting at Heathrow £170

Estimated ticket cost on the day starting at Gatwick £150

We recommend you book a taxi to take you from the train station to your accommodation if you have luggage to transport. Taxis usually wait outside Truro train station or the staff in the station can provide you with a taxi number. Students arriving at Penryn or any Falmouth train station should call +44 (0)1326 373007 or +44 (0)1326 212141 to book a taxi.

### Coach to Penryn and Falmouth

Coach travel is usually cheaper than train travel, but will take considerably longer. Please be aware that there may be a limit on the luggage you can bring with you, so please check before you book your ticket.

Tickets will be cheaper if bought ahead of time. Please use the following website to see coach times, routes and to book tickets:

### **nationalexpress.com** or **megabus.co.uk**

Megabus stops directly on Penryn campus and in Falmouth (The Moor). National Express stops at Penryn Bridge and Falmouth town. Students are advised not to get off at Penryn Bridge, as there is no taxi rank available here. Instead, students should finish their journey

in Falmouth and either use the UI, U2 or U3 bus service to the Penryn campus, or taxis are readily available from The Moor to complete your onward journey.

Starting at	Change at	Journey time
Heathrow (National Express)	Plymouth, or direct service available	8 hours
Gatwick (National Express)	Heathrow	9 hours
Central London (Megabus)	Direct	8 hours

Estimated ticket cost on the day Heathrow (National Express) £43

Estimated ticket cost on the day Gatwick (National Express) £58

Estimated ticket cost on the day Central London (Megabus) £22

#### Coach to Truro

Coach travel is usually cheaper than train travel, but will take considerably longer. Please be aware that there may be a limit on the luggage you can bring with you, so please check before you book your ticket.

Tickets will be cheaper if bought ahead of time. Please see **nationalexpress.com** to book your ticket, check coach routes and times.

You are strongly recommended to complete your journey to your accommodation via taxi. Taxis are readily available in Truro city centre, or staff in the bus station can provide you with a number to call to book one to complete your onward journey.

# Travelling to Exeter and Cornwall

Starting at	Change at	Journey time
Heathrow	Plymouth, or direct service available	8 hours
Gatwick	Heathrow	9 hours

Estimated ticket cost on the day starting at Heathrow £43

Estimated ticket cost on the day starting at Gatwick £58

### By air (Newquay Airport)

The closest airport to the Penryn Campus is Newquay. Several airlines operate flights from European destinations to Newquay Airport. For more details see newquaycornwallairport.com

Flybe (see **flybe.com**) operates flights from London Gatwick (flight time approximately 70 minutes). For public transport connections visit **traveline.org.uk** 

Please note that Newquay Airport is approximately 40 km from Penryn. There is a direct bus from Newquay Airport to Truro.

If you choose to get a taxi from Newquay Airport to the Penryn Campus (approximately £70 – £80) you should book your taxi in advance by telephoning +44 (0)1326 373007 or +44 (0)1326 212141.

# Arriving at a Channel port

If you are arriving at one of the Channel ports, please check **thetrainline.com** for trains to Exeter St David's or, if you are studying at our Penryn Campus, to Penryn. (Please note: you may have to change trains during your journey.)

If you are bringing your car through a Channel port or the Channel Tunnel, please check **theaa.com/travelwatch/planner\_main.jsp** for a route plan and map.

Please be advised that parking on the campuses is extremely limited and could involve a daily fee of £6 if you are not eligible for a parking permit. Please see **exeter.ac.uk/ students/carparking** 





## Your first week

### **Checklist**

For arrivals during Freshers' Week/January Orientation

Tell your family you have arrived	V
Find out about <b>Global Chums</b> mentor	•
Research Freshers' Week/ and International Welcome Programme. Buy tickets for any social events you want to attend.	V
Collect your Biometric Residents Permit (BRP)	V
Present passport and visa, original qualifications at International Student Clearance in the Forum (Exeter) or the Exchange Building at the Penryn Campus (Cornwall)	¥
Receive/collect your UniCard from the Student Services Centre, Forum (Exeter), or the Exchange Building at the Penryn Campus Cornwall	V
Activate IT account	V
Complete online registration	V
Arrange payment of tuition fees	<b>~</b>
Arrange payment of accommodation fees	V
Open a bank account	<b>~</b>
Register with doctor/health centre	V
Attend College Induction	<b>~</b>
Register for modules	V
Register with Police if required by your visa	<b>~</b>

### **Checklist**

For arrivals outside Freshers' Week/January Orientation

Present passport and visa, original qualifications at International Student Clearance in the Forum (Exeter) or Info at Penryn in the Peter Lanyon Building (Cornwall)	V
Collect your Biometric Residents Permit (BRP)	V
Receive your UniCard from the Student Services Desk (SID), Forum (Exeter) or Info at Penryn, Peter Lanyon Building (Cornwall)	V
Activate IT account	V
Complete online registration	V
Attend a Late Orientation meeting	V
Arrange payment of tuition fees	V
Arrange payment of accommodation fees	V
Open a bank account	V
Register with doctor/health centre and book any vaccinations	V
Register with Police if required by your visa	V
Visit your College hub or Info Point	V
Head to Guild Reception in Devonshire House to find out more about societies, activities and opportunities	<b>~</b>

### Your first week

### Freshers' Week 14 - 20 September 2020

You will receive lots of information about Freshers' Week in the Summer pre-arrival emails. Make sure you read these carefully to help you plan your week. Double check your spam email folder to ensure they haven't gone there.

Freshers' Week is a great opportunity for all new students to orientate themselves to the University of Exeter way of life. The week is packed with academic induction and social activities for all students to join. The International Welcome Programme sessions are specifically for international **students** and provide practical information and help to start your life at the University of Exeter and settle you into your new home as well as social opportunities. You will be able to see your Academic Induction meetings in your online timetable via **iExeter** prior to your arrival in the UK so do remember to download iExeter to your smartphone.

When you arrive in the UK you will receive a Welcome Pack of information when you collect your University accommodation keys. If you are not living in University accommodation, the pre-arrival emails will tell you how to collect your Welcome Pack.

The International Welcome Programme includes the following:

- Dedicated Welcome Team to help you settle in
- Airport collection service
- Official University Welcome
- Living in the UK presentation: banking, healthcare, English
- Police Registration
- Working in the UK presentation
- Guided tours of campus and Exeter or Falmouth
- Guided shopping trips into the nearby area
- Learning success in the UK presentation
- English language support
- Social events, day trips and introductions to student societies

Details of the Freshers' Week International Programme will be available at **exeter.ac.uk**/ international students from lune. Freshers' week social programme will be available from mid August at exeterguild.org/ freshers2020

Your academic induction meetings will be available to view in your timetable in **iExeter** from early September.

### **January Orientation** II January 2021

This is a one day condensed version of Freshers' Week particularly for students arriving for Semester 2. It's short so that you can get straight into your studies. There are society and social activities during the Guild Refreshers' Week for you to try. We also hold a pre-orientation event on Friday 8 January 2021 (Streatham Campus) for students arriving early. Read your pre-arrival emails in December for more information on January Orientation.

exeter.ac.uk/ international students/ newstudents/ whenyouarrive-exeter

### **Global Chums Mentor Scheme**

Our successful Global Chums Mentor Scheme has been in operation for many years and is available for students arriving at Exeter and Cornwall in September and January. The scheme gives you an opportunity to be matched with a second or third year student to give advice on living in the UK and to help you during. You can ask your mentor anything... what the social scene is like or what it is like to study in the UK!

Further information is available from I June at exeter.ac.uk/ globalchums

# Student support and facilities



### Student support services in Exeter

## **Student Services Centre, The Forum**

The Student Information Desk, in the Student Services Centre, (SSC) is your first port of call for all questions you may have regarding the vast array of Student Services offered by the University. Within the SSC you will find: Accommodation, Careers, Chaplaincy, Exams, Fees and Funding, Graduation, Health and Wellbeing, International Student Support Office, IT Helpdesk and UniCard. They will be able to print student letters for you from the University, answer your questions, and book specific appointments for the specialist services.

You can browse frequently asked questions at **exeter.ac.uk/sid** or contact the services and the Student Information Desk advisors at **sid@exeter.ac.uk** 

Part of Student Immigration
Services, International Student
Support are dedicated to advising
and supporting all non-UK students
across the University. Authorised
by the Office of the Immigration
Services Commissioner (OISC) they
are qualified to provide the most
current immigration advice covering
a range of visa types.

Appointments are available Monday to Friday and can be booked via **visaadvice@exeter.ac.uk** 

All discussions are in confidence and no information is given to anyone without your consent.

See exeter.ac.uk/ internationalstudents

INTO University of Exeter provides English Language support, preparatory courses for international students looking to study at undergraduate and postgraduate levels as well as a range of classes, workshops and tutorials for students who would like help and support in studying English during their degree programme (the Insessional Programme). see page 33. For further information on INTO programmes see exeter. ac.uk/international/into

You may have concerns about adjusting to a new learning environment and study techniques. Academic Skills Support team offers support with academic skills development through lectures, workshops and peer support sessions, and online skills.

Our **Library service** offers access to an outstanding collection of online resources, such as e-books and journals, research databases and digitised reading lists; all of which are available to access 24/7, on and off campus. This is in addition to over 1.2 million books and journals that are available in print from our libraries in Exeter and Cornwall. The libraries provide a range of study spaces to suit your needs, including quiet, silent, group and social learning spaces. Other flexible study areas such as the Sanctuary and the Loft (Streatham Campus) are also available. Useful online information is available in the Pre-arrival Library Guide and **Library Induction**. If you ever have questions, support is available from the friendly Library Liaison **Team**. Access online support anytime via our collection of LibGuides.

More information on Library services, facilities and resources can be found at <a href="http://libguides.exeter.ac.uk/gettingstarted">http://libguides.exeter.ac.uk/gettingstarted</a>

The **Students' Guild** is the students' union for everyone studying at the University of Exeter's Streatham or St Luke's campuses. They exist to support students throughout their time at university. The Guild are led by students, for students and all those studying at Exeter are automatically members! You can find the Students' Guild on both the Streatham and St Luke's campuses.

As a registered charity, the Guild invests every penny of its income back into student activities, campaigns, projects and opportunities, and work to ensure that every student gets the most out of their time at Exeter.

The Students' Guild is a democratic organisation, supporting students to make real change by representing you through the elected Full-Time Officers (who are part of a wider Student Leadership Team), councils and panels, and reps on every course. The Students' Guild will help you to share your views and drive real change on both a local and national level. **exeterguild.** 

#### com/voice

The Guild also provides a wide range of opportunities to join societies, volunteer in the local community, make new friends and develop your skills. There are more than 260 societies to choose from as well as student media (newspaper, radio and television), fundraising activities, and volunteering projects with Exeter Student Volunteers (ESV). **exeterguild.com/activities** 

## Student support services in Exeter

Got a passion for playing music? The Guild also offers amazing opportunities to get involved with, including state-of-the-art equipment and facilities. The Music Membership gives you the chance to make the most of music opportunities here at Exeter. Find out more: **exeterguild.com/music** 

The Students' Guild Advice
Team offers free, independent
and confidential information and
support on a range of issues
including housing, money, welfare
and academic problems. The
Advice Team can also support
students bringing their families to
Exeter. For more information, visit
exeterguild.com/advice

Staying active and healthy is essential that's why there are so many ways for all students to engage in sport and physical activity.

The Athletic Union have 50 student-led sports clubs which are open to all abilities as well as lots of events throughout the year. The sports facilities are superb including a 200 station gym at the Sports Park. Fitness classes, swimming, badminton, tennis, football, cricket, basketball, tabletennis and much more. A variety of competitively priced memberships are available. exeter.ac.uk/sport

A major aspect of the student sporting experience is the **Intramural sports programme**, which supports students playing in friendly sports competitions against other students. Teams can be entered from friends, halls, courses or societies and are a great way to stay active and make friends.

#### exeter.ac.uk/sport

**HOST UK** arranges for international students to spend a day, weekend or Christmas in a British home. You

can visit a host in any part of the UK and experience more of the British culture and people. Further details are available at **hostuk.org** 

The Student Health Centre, located on Streatham Campus, provides for the healthcare of students at the University. It is a National Health Service facility and part of a large local medical practice. You will need to register on arrival at the University. Please visit exeter.ac.uk/shc

AccessAbility Service and Mental Health Team offer support to students with a range of disabilities, specific learning difficulties (including dyslexia) and long term health conditions. We can provide advice, guidance, signposting to other services and face-to-face support with accessing learning and teaching opportunities in preparation for and during academic programmes. Staff are qualified professionals and can offer a range of experience and expertise. All enquiries are dealt with confidentially and promptly enabling Exeter students to benefit from the support we offer. exeter.ac.uk/ wellbeing

Nightline is a confidential listening and information service funded by the Students' Guild, run by student volunteers. They are available every day of term between 20:00 and 08:00. You can call, Skype, send them an Instant Message at https://im.exeter.nightline. ac.uk/webim or text 07786 209309 if you need someone to talk to or just fancy a chat. Nightline also provides information, like the number for a takeaway or for university services. Tel: +44 (0)1392 724000 **exeterguild.org/** exeternightline

The Wellbeing Services Team offer a range of support services and psychological therapies to help students manage with their studies when difficult times occur. The team is made up of mental health practitioners and psychological therapists, all of whom can offer support tailored to your individual needs. The Wellbeing Services team can be found at Reed Mews Wellbeing Centre (opposite the Student Health Centre) and we offer support to students on both the Streatham and St Luke's campuses **exeter.ac.uk**/ wellbeing

The University is an inclusive community. Harassment, bullying, intimidation and discrimination will not be tolerated. If you experience or witness any of the above we encourage you to report it and get the support you might need using our reporting tools: **exeter.ac.uk/speakout** 

Living away from home in a new city (or country) can bring new challenges, so every student living in our accommodation in Exeter is assigned a Residence Life **Mentor** – a fellow student who has experience of university life. Your Mentor will visit regularly to answer questions, help with any problems, and keep you up to date with what's going on around campus and in the city. You can speak to them confidentially about whatever's on your mind. And, if you have an urgent worry or problem, Residence Life Team Leaders are on duty every evening to help. exeter.ac.uk/ residencelifeteam

The support we offer students also extends off campus.

## Student support services in Exeter

The Student Community
Wardens can be contacted on:
streetwise@exeter.ac.uk to
arrange friendly welcome meetings
at your premises. The Wardens can
talk through aspects of community
life that you need help with – from
explaining the rubbish and recycling
rules, to finding out how you can get
involved in local events and activities.

Careerzone aims to help you develop the skills and knowledge to secure work or further study after you graduate. We can help you find part-time work, vacation work and volunteering opportunities, either to earn money whilst you are studying or to gain experience of a future area of employment. We also provide support to find, and apply for, graduate-level jobs and postgraduate study. There is a comprehensive programme of careers events available to help enhance your personal and professional skills, improve your job hunting techniques and meet employers on campus. Our professional careers staff also offer one-to-one appointments to guide you towards making informed choices about your future career.

The careers website **exeter.ac.uk/ careers** contains the information you need to make the most of the opportunities available and to be successful in whatever you choose to do after graduating.

Our Estate Patrol Security Team provides a security presence on campus 24 hours a day. Our uniformed staff are available to provide advice and assistance, both day and night, to staff, students and campus visitors. Fire alarms and intruder alarms, together with the University's extensive closed circuit television system are monitored

on site to facilitate a rapid response when required. In an emergency you are advised to telephone +44 (0) I 392 722222 or for all non-emergency enquiries telephone +44 (0) I 392 723999.

Residence Night Patrol staff work closely with the Night Estate Patrol Security Team and Residence Patrollers from 21:15 to 04:00 nightly and are on duty during term time (only). Their role focuses on providing welfare support to students in halls of residence as well as ensuring safety and security overnight.

### **Car parking**

Students who live in the city are not entitled to bring their cars on the campus during weekdays from 08:00-18:00. Car park C is for visitors to the campus only, but parking is available during evenings and weekends. You are respectfully reminded that if you drive a car on a road you must hold a valid driving licence and be covered by adequate insurance.

### **Chaplaincy**

The University of Exeter Chaplaincy Team serves all members of the University - students and staff from all Faith backgrounds and none. The team is made up of 16 Chaplains from many different religions and traditions: Buddhist, Baha'i, Christian, Muslim and Jewish Chaplains. As a Multifaith Chaplaincy Team they are completely impartial, inclusive and non-judgemental and are available to talk with you confidentially at any time. There are three Christian chapels at Exeter University. The Mary Harris Chapel, Roman Catholic Chapel and the St Luke's Chapel. For Muslim students

there are prayer rooms available, which can be found in the Old Library on Streatham Campus and in the Holnicote building on the St Luke's Campus. We have created a guide for Muslim students in Exeter and Penryn available here in English and Arabic.

They also offer a lovely, comfortable lounge for you to use – the Chaplaincy Quiet Room on Streatham Campus, which is a bookable space Monday – Friday 09:00 – 17:00.

To contact the Chaplains or to find links to other Faith communities in Exeter, please visit: **exeter. ac.uk/chaplaincy**. The Chaplaincy can be contacted on tel: 01392 725858 at the Chaplaincy Hub Office. The Chaplaincy can also be contacted out of hours on **07501 512855**.

# Environmental sustainability at the University of Exeter

The University takes environmental sustainability very seriously and seeks to promote greater awareness of environmental sustainability issues to students. Students are actively encouraged to help make our campus more sustainable through a number of projects. The University environmental sustainability website exeter.ac.uk/sustainability

contains up-to-date information which details what the University is doing and what you can do. Visit the website today to find out how and where to recycle, how to travel in an environmentally friendly way, how to save energy and money, and opportunities to get involved and volunteer with the

sustainability team.

# Student support services at Penryn Campus, Cornwall

Prior to arrival, students can contact the Cornwall International Student Advisor on **info.penryn@exeter.ac.uk** for advice and guidance on a number of issues such as visa applications, working during your studies, bringing your family to the UK, plus general information on living in Cornwall and the UK.

Once you arrive in Cornwall the staff in the Cornwall Education Services Team can provide advice and guidance academic for any issues you encounter. You can visit us in person at the Penryn Info Point in the Peter Lanyon building or via email info.penryn@exeter.ac.uk

Student Services provide a range of specialist support services which includes Living Support, Counselling, Chaplaincy Welfare and Accessibility Services. They are located on the campus and can offer advice and support, however large or small the problem. fxplus.ac.uk/students/studentservices

ASK: Academic Skills are responsible for running workshops and providing one-to-one advice on topics including study skills, essay writing, and English Language support. There are also evening classes in modern foreign languages. https://ask.fxplus.ac.uk

# Falmouth and Exeter Students' Union (SU)

There are a number of clubs and societies in Cornwall including a strong International Society, which provides a network of friends and support, and arrange outings and events for its members. Other societies include sporting, faith or general interest. A list can be found on the web pages for SU (the Student Union for students studying in Cornwall). **thesu.org.uk** 

### **Career Zone**

The Career Zone aims to help you improve your chances of gaining a great job after you graduate. The service specialises in helping you find part-time work, vacation work and volunteering, either to help you raise money whilst you are studying or to complement a future area of study or career. It also supports you with searching and applying for graduate-level jobs and placement opportunities. There are comprehensive training sessions and events available to help you enhance your personal and professional skills, improve your job hunting skills and meet employers on campus.

Professional careers staff will guide you towards making an informed choice of career or further study. If you already have an idea of what you'd like to do, they can offer specific information and advice for all areas and interests.

The careers website **exeter.ac.uk/ careers** contains the information you need to make the most of the opportunities available to you on campus to develop your skills and employability.

# Multi-Faith Chaplaincy

In Cornwall, a full-time Chaplain and Multi-Faith Team are available to care for students and staff of any faith or no faith.

The Chaplain also acts as a link with representatives of other Faith communities. fxplus.ac.uk/students/student-support-services/multi-faith-chaplaincy

# International Student Support

In Cornwall you will have access to a dedicated International Student Adviser who can provide help and practical advice on a whole range of issues, from immigration and visa queries prior to and during your time in Cornwall.

Drop by the Penryn Info Point desk in the Peter Lanyon Building Monday to Friday 09:00 – 17:00, or email info.penryn@exeter.ac.uk



## Living in the UK and culture shock

Living in a new culture is exciting but can also be challenging. Here is some basic advice about life in the UK.

- Although simple politeness is always expected, British people are generally relaxed. They like to hear 'please' and 'thank you' repeatedly! People here are very friendly but can be reserved, especially when talking to strangers. You might also like to download the British Council's 'Creating Confidence' booklet.
- It is not polite to be late in Britain. If you find you are going to be late or if you cannot keep an appointment try to contact the person you are going to meet beforehand.
- If you are invited to someone's home for a meal it is polite to take a small gift (for example, wine, chocolates or flowers), or you could invite them to your home in return. It is considered good manners to tell your hosts in advance if you have special religious or dietary requirements.
- When you are in a bank, shop or waiting for a bus you are expected to queue; stand in line and wait your turn. People can get very angry if you 'jump the queue'.
- If you do not drink alcohol, you may be worried if you are invited to go to a pub (public house or bar). Pubs are popular social meeting places and sell a range of soft drinks as well as alcohol. Both men and women are welcome. There is no waiter service and you pay for drinks at the bar when you order them.

- You may be surprised about the amount of alcohol some students consume. Unfortunately it is part of a student drinking culture. Only drink to a level you are comfortable with and not at all if you don't want to. You should never feel pressurised into drinking.
- You may wish to tip. About 10 15% for a taxi or in a restaurant is the norm although check a tip has not already been added.
- Men and women have equal rights in the UK. It is illegal to discriminate against anyone according to race, gender, age, class, sexual orientation or disability.
- British attitudes to sex and sexuality may be different from those in your own country. You are free to live according to your own personal standards, ethics and beliefs and not feel pressured to adopt those of any of your fellow students.

### **Climate and clothing**

See 'What to pack' section p.33.

#### **UK** food

British people enjoy a great variety of food, including dishes from other countries. Meals in the UK can seem heavy and often rely on meat, potatoes and vegetables. It is important to maintain a good diet and not rely on fast food. If you are unused to cooking, take a look at **studentcooking.tv** where there are many films of recipes for you to try.

### **Smoking**

In 2007 England undertook a complete smoking ban in public places. All University residences and buildings are non-smoking. Make sure you take notice of non-smoking zones in public areas. If you are in the company of others it is polite to ask if they mind whether you smoke, especially at meal times.

### **Toilets**

British toilets are the flushing, pedestal type. Toilet paper is provided and should always be flushed away after use. Separate facilities are usually available for disabled persons and for nappy/baby changing.

### **Electricity**

British electricity works on 230 volts/50 cycles and most socket take 13 amp square pin fused plugs. Make sure your electrical equipment can be used safely at this voltage. Adaptors can be purchased in the campus shops, or don't forget to pack a few in your luggage.

### **Drinking water**

All British tap water is safe to drink unless it is labelled 'not for drinking'. Do not use water from the hot water tap for making hot drinks. You should instead boil a kettle or use a microwave.

### Living in the UK and culture shock

### **Driving in the UK**

Very few students have cars, and there is limited parking on campus. It is easy to move around Exeter, Cornwall and their surrounding areas using public transport. Before buying a car, please consider all the costs involved – petrol, insurance and licence (both compulsory), MOT (certificate to prove your car is roadworthy), tax, repairs, etc. It is your responsibility to research the driving laws in the UK and comply. If you are caught without a licence, insurance, MOT and/or tax it can affect your visa status and you will be strictly punished by the police. Please contact **sid@exeter.ac.uk** or info.penryn@exeter.ac.uk if you are thinking of buying a car or bringing one to campus.

### **Bicycles**

Cycling is a healthy, cheap and convenient way to travel to and from our campuses. You can buy a low cost second-hand bike from a series of events organised by the Sustainability Team, who also sell discounted cycle lights and locks. There are plenty of cycle parking facilities on the campuses, to lock your bike and students can take advantage of free cycle safety checkups at monthly Dr Bike events. A range of safe cycling information is available on the cycling web pages (exeter.ac.uk/sustainability/ travel/bike).

### Staying safe

Exeter and Cornwall are relatively safe places but by taking on board some simple crime prevention advice you can help to prevent becoming a victim of crime.

- Register any valuable property at **immobilise.com** free of charge.
- Keep your windows and doors shut and locked when you leave your property.
- Don't leave your valuables on view
- If you have an alarm use it.
- Does your house look secure?
   If the answer is no speak to your landlord.
- Don't make yourself an easy target – walk and travel in groups at night and swap telephone numbers.
- Be aware of your surroundings
- Stick to well-lit streets and avoid shortcuts after dark.
- Use cash machines during the day or get cash-back in a supermarket. Never write down your PIN number.
- If you are concerned about a situation or feel unsafe go into the nearest shop and ask the assistant for help.

#### Culture shock

Many international students experience culture shock when they arrive in the UK. The language, clothes, food and behaviour may seem strange compared to what you are used to at home. The rules of academic and social life may be quite different from what you expected. You may have thought you knew a lot about Britain before you came but now find it hard to settle.

This is a very normal experience and most international students find that they soon become accustomed to their surroundings. But sometimes 'culture shock' can feel like an emotional rollercoaster.

#### Tips to help with transition:

- Remember that culture shock is a normal experience and you're not alone. Talk to other international students who are probably feeling the same way.
- Bring a few familiar items with you to make your room feel more like home.
- Talk to people in your residence and in your classes, even if you are nervous. Most people will be friendly and you will feel more confident.
- Get plenty of rest, eat well and exercise.
- Join student clubs and societies where you can enjoy socialising with British and international students with the same interests.
- If you are finding the transition particularly difficult talk to your Personal Tutor, Residence Life Team, Chaplain, Wellbeing Services or ISSO. These people are trained listeners!
- Contact ISSO sid@exeter.
   ac.uk or info.penryn@exeter.
   ac.uk for an appointment and a chat.

We are always willing to listen and help in any way we can.

# Maps

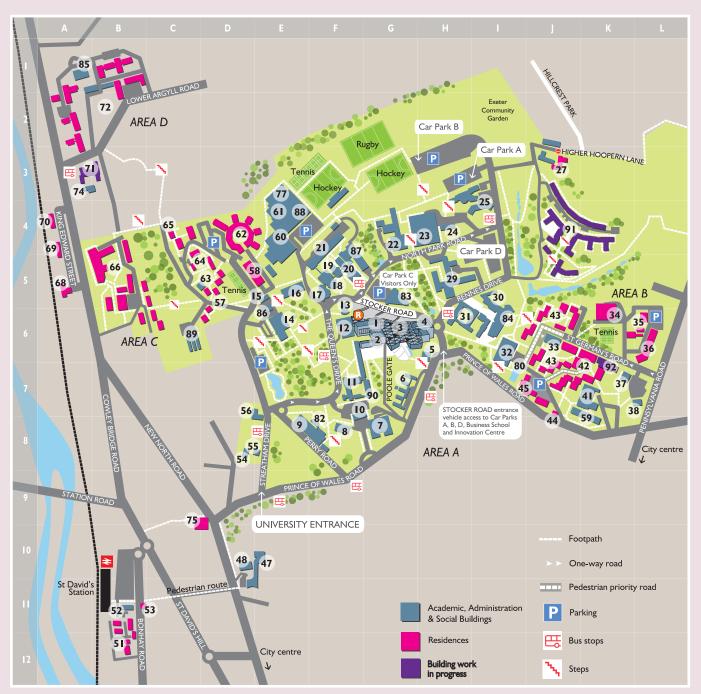


## Maps



The Streatham and St Luke's campuses are located within a 15-minute walk of the city centre or a 5-minute bus journey.

## Streatham Campus



The department locations are correct as of March 2020

# Streatham Campus

Academic/social buildings			
<b>Alexander</b> Drama	47	IOE	
Amory Classics and Ancient History Geography History International Relations Law Philosophy Politics Sociology Theology	29	5H	
Bill Douglas Cinema Museum	7	8G	
Business School Building:One University of Exeter Business School	84	<b>6I</b>	
Catholic Chaplaincy	<b>74</b>	<b>3A</b>	
Cornwall House Music	32	<b>6</b> I	
Cornwall House Swimming Pool	80	<b>7</b> I	
<b>Devonshire House</b> Students' Guild	2	6G	
Digital Humanities Lab	90	7 <b>G</b>	
Exeter Northcott Theatre	13	5F	
Family Centre (Owlets)	59	8K	
Forum Alumni Auditorium Costa Coffee	3	6G	
Exploration Labs Forum Library Retail, Banking and Catering Se Seminar Rooms Student Services Centre Students' Guild Information Po		;	
Geoffrey Pope Biosciences	20	5F	
Great Hall	- 1	6G	
Harrison Computer Science Engineering Mathematical Sciences	23	4H	

Hatherly Biosciences	6	7G
Institute of Arab and Islamic Studies Arab and Islamic Studies	16	5E
INTO International Study Centre	83	5 <b>G</b>
<b>Laver</b> Archaeology	22	4G
Library	4	6H
Living Systems	87	5F
Mary Harris Memorial Chapel	10	7F
Newman Lecture Theatres	18	5F
Northcote House	12	6F
Old Library Research Commons	7	8 <b>G</b>
Peter Chalk Centre	17	5F
Physics Physics Radiography	21	4F
Queen's English Film Studies Foreign Language Centre Modern Languages	П	<b>7F</b>
Reed Hall	14	6E
Reed Mews Wellbeing Centre	15	5E
Roborough Drama	8	8F
Russell Seal Fitness Centre	88	4E
Sir Christopher Ondaatje Devon Cricket Centre	77	3E
Sports Park	60	4E
Streatham Court University of Exeter Business School Accounting Business and Management	31	6H

Economics

Student Health Centre	86	6E
Tennis Centre	61	4E
Thornlea Drama	48	I0D
University Reception	- 1	6G
<b>Washington Singer</b> Psychology	9	8E
<b>Xfi</b> University of Exeter Business School	30	51
Residences		
Birks Grange Village	66	5B
Bonhay House	<b>53</b>	IIC
Clydesdale Court	64	5C
Cook Mews	69	<b>4A</b>
Duryard	<b>72</b>	2B
East Park (opening in 2020 & 2021)	91	<b>4</b> J
Holland Hall	62	4D
King Edward Court	68	<b>5A</b>
Lafrowda	43	<b>7</b> J
Llewellyn Mews	70	<b>4A</b>
Lopes Hall	34	6K
Mardon Hall	<b>58</b>	5E
Moberly (opening in 2020)	71	3 <b>A</b>
Nash Grove	<b>57</b>	5D
Northfield	<b>75</b>	9C
Pennsylvania Court	36	6L
Ransom Pickard	35	6L
Rowe House	45	<b>7</b> J
Spreytonway (opening in 2020)	92	7K
St David's	51	I2B
St German's	42	7K

## St Luke's and Penryn campuses



#### St Luke's Campus **Academic/social buildings Baring Court** 5 Children's Health and Exercise Research Centre Graduate School of Education Chapel 3 Cross Keys Holnicote **Support Services** Library Medical School Building North Cloisters Graduate School of Education Richards Sport and Health Sciences 10 Smeall University of Exeter Medical School П South Cloisters Graduate School of Education

Sports Centre



#### The department locations are correct as of March 2020

Academic, Administration	ar.	
& Social Buildings	巴	Bus stops
Residences	N	Steps
Footpath	0	Info at Penryn
P Parking	P	Cycle parking
No entry	<b>T1</b>	Food and drink
>> One-way road	£	ATM

### Penryn Campus, Cornwall Academic/social buildings

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The Penryn Campus is located within a 20-minute walk from Penryn or a 5-minute bus journey.

### Useful contacts

The University

General information: exeter.ac.uk +44 (0)1392 661000

Emergency contact:

Exeter (Estate Patrol Campus Security) +44 (0)1392 722222 Cornwall +44 (0)1326 255875

International Recruitment Team: exeter.ac.uk/international

University accommodation: exeter.ac.uk/accommodation

+44 (0) 1392 723999

Penryn campus accommodation: fxplus.ac.uk/accommodation

+44 (0)1326 253639

Academic Colleges: exeter.ac.uk/departments
University virtual tours: exeter.ac.uk/virtualtours

University of Exeter Students' Guild info@exeterguild.com exeterguild.com

Visa and pre-arrival information

Visa/entry to the UK: gov.uk/visas-immigration

The British Council Worldwide: britishcouncil.org

**UK** Council for International

Student Affairs (UKCISA): ukcisa.org.uk

**Travel** 

London airports: airwise.com/airports/uk/index.html

Train services: thetrainline.com

National coach services: nationalexpress.com

**Local information** 

Exeter: exeter.gov.uk thisisexeter.co.uk

Devon: visitdevon.co.uk

Cornwall: cornwall.gov.uk visitcornwall.com

Britain: visitbritain.com



exeter.ac.uk/internationalstudents